

Tri County EMS Association Safety Guides



Back To School Safety Tips

- Avoid walking or playing alone on the way to and from school.
- Know his/her full name, address, and telephone number - including the area code.
- Know parents' full names, exact name of workplace, and the telephone number.
- Check in with parent or other specified adult at a regularly scheduled time.
- Cross the street only at a crosswalk, and remember to look both ways before crossing.
- If riding their bike to school, make sure they know the rules of bike safety - especially:
 - 1) Always wear a helmet, and
 - 2) Walk the bike when crossing the street.
- Never accept medicine, vitamins, candy, or food from anyone other than a parent or caregiver.
- Always buckle up when riding in a car.
- No pushing or shoving when lining up or playing on the school grounds.
- At lunch time, stay seated while eating; no running or playing. (This is how most choking accidents occur).
- Know how to get out of the house safely and quickly if a fire starts, and where to go for safety.
- Never go into the house or apartment if the door is ajar or if a window is broken.
- Lock the door when they come home and keep all windows and doors locked.
- Know how to answer the phone without letting callers know that he/she is home alone.
- Post emergency telephone numbers by the phone and explain that if they need to call 911, they should not hang up until the dispatcher ends the conversation.

School Bus Safety Tips

- Don't let children arrive at the stop too early. They may be tempted to wander off or get into trouble.
- Make sure they know what to do if they miss the bus. Come back home (morning) or report to a teacher (afternoon).
- Make sure they wait well back from the roadway and do not approach the bus until it has come to a full stop.
- If the stop is a long way from home, plan with your children where they will go in an emergency.